

Remember Your Why

“Tell me I can’t... so I can show you I can.”

Signature Keynote



Remember Your Why

A keynote on resilience, faith, and finding strength in the face of doubt. Audiences are guided to uncover their personal “why,” embrace courage when confronted with fear, by re-framing challenges as opportunities and transform doubt into determination. Through inspiring stories and practical strategies, rooted in authenticity and resilience participants leave with renewed confidence, clarity, with passion and purpose and motivation to rise when life says “you can’t.”

Key Topics

- Faith Over Fear: Finding peace and courage when life feels impossible.
The Power of “Watch Me”: Turning doubt into determination.
Resilient Leadership: Building strength in yourself and others.
 - Remember Your Why!

So Why Val?

What Audiences Say

“I didn’t expect to cry... or laugh... or leave changed. But I did.”

— KW Team Leader, 2024

“She doesn’t try to impress you—she invites you in. And that’s why you’ll never forget her.” — Event Organizer, Women in Business

“Val brings passion and resilience into her speaking engagement that draws the audience in. Her perspective on her own real-life experiences brings a message of hope and determination that no matter what you may be going through, you have the capacity to see it, face it, and still LIVE. Her story and delivery have the potential to positively affect those who hear it.” – Matt Webster

- Authentic: Speaks with raw honesty and humor.
- Relatable: From waitress to leader, from setbacks to success.
- Faith-filled: Every story is grounded in hope and purpose.
- Impactful: Leaves audiences with memorable mantras and actionable courage.

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